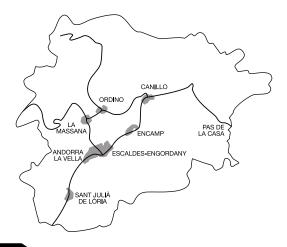


mountains





come to the covery of

Welcome to discovering Andorra from one of its most attractive aspects: nature, which, in the broadest sense, will help you to discover the essence of a country full of mountains, rivers, lakes, springs, meadows and alpine huts.

This guide covers the natural parks of Andorra, trips, via ferratas, ecoturism routes and a wide range of activities suitable for all levels.

If you're looking for excitement in winter, you can take walks with snowshoes, ride in sleds pulled by dogs, build igloos, ride on snow bikes, practise telemark skiing, ride on snowmobiles and even dive under the ice.

The wide range of alpine and cross-country ski resorts and the great variety and quality of complementary skiing and leisure activities make the Principality of Andorra a top-notch destination.



NATIONAL TOURIST OFFICE C. Dr. Vilanova, s/n. Ed. Davi AD500 Andorra la Vella Tel. (+376) 820 214 Fax: (+376) 825 823 info@andorra.ad www.andorra.ad

CONTENTS

ANDORRA, NATURE TOURISM 04

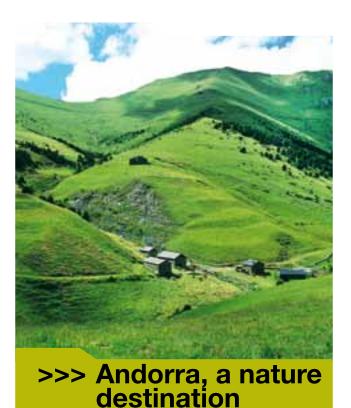
- **Nature protection areas**
 - Hiking and long routes
 - **Ecotourismr outes**
 - Routes on horseback
- Cycle tourism and mountain bike routes 28
 - **Fishina**
 - Golf / Pitch & Putt

ANDORRA, ACTIVE TOURISM 36

- Climbs and climbing walls
 - Via ferratas
 - Canyoning
- Ski resorts and activities centres
 - Grandvalira
 - Vallnord
 - Naturlandia
 - **Esquí Parador Canaro**
 - Companies and organisations

OTHER ACTIVITIES 72

- Palau de Gel d'Andorra
 - Caldea
 - **General information**
- Collection of publications / notes



Andorra, with its 468 km², is the most extensive of the

small states of Europe.

The land is mostly mountainous and is composed of valleys and peaks that soar nearly 3,000 m above sea level such as Comapedrosa peak (2,942 m), the highest summit in Andorra, and Estanyó peak (2,916 m).

The lakes are one of the most significant scenic treasures in the country, and many are found inside Andorra's two natural parks.

You can get to know our topography by delving into the Andorran countryside and discovering the great diversity of plant life all around.

Follow old paths by foot or on horseback, either alone or in the company of our professionals.

NATURE TOURISM

Alakana .	protection areas	00
Matilra	nrotection areas	un
Tratuic	protoction areas	-00

Hikina	and	ona	routes	10

Ecotourism routes 12

Routes on horseback 20

Cycle tourism and mountain bike routes 28

Fishing 32

Golf / Pitch & Putt 34



Madriu-Perafita-Claror valley







In 2004, UNESCO declared this valley World Heritage in the category of cultural landscape, which only covers 54 natural areas throughout the world.

The Madriu-Perafita-Claror valley is located in the southeast of the Principality of Andorra and covers 4,247 ha. This region accounts for almost 10% of the surface area of the country, extending to the parishes of Encamp, Andorra la Vella, Sant Julià de Lòria and Escaldes-Engordany.

This valley is the most important secondary river basin in the country. It runs 12 kilometres from end to end, with a difference in elevation of 1,855 m between the lowest point (near the town of Escaldes-Engordany, standing at 1,050 m) and the highest one (on the summit of La Portelleta, at 2,905). This valley is also home to animal and plant species that are very rare or in danger of extinction.

>>> discover the shepherd ca-bins

Whatever route you choose through the Madriu-Perafita-Claror valley, you'll find old shepherd cabins recently restored in a traditional way, plots of land enclosed by walls that once contained vegetable gardens, huts and grazing areas for livestock, etc. In the summer, don't forget to spend a night in any of the three refuges located in the valley.

www.e-e.ad









La vall de Sorteny Natural Park







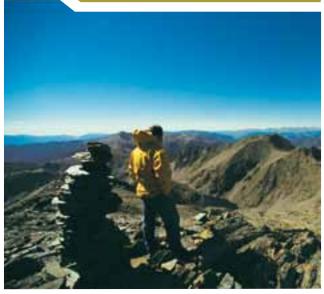
La vall de Sorteny Natural Park, located in the parish of Ordino, is a botanical paraise with more than 700 species of flowers and plants, some of them unique to the Pyrenees. Despite its relatively small surface area, Sorteny valley is very rich in terms of wildlife. The chamois (Rupicapra pyrenaica), roe deer (Capreolus capreolus) and wild boar (Sus scrofa) are the most frequent.

Sorteny valley is of singular interest from scientific, historical and educational, but also aesthetic, scenic and recreational points of view. In a small mountain country like Andorra and despite its modest size at 1,080 hectares, this park helps to conserve biodiversity and to preserve the natural and cultural heritage of the Pyrenees beyond its borders.

www.sorteny.ad



The Valleys of Comapedrosa Communal Natural Park



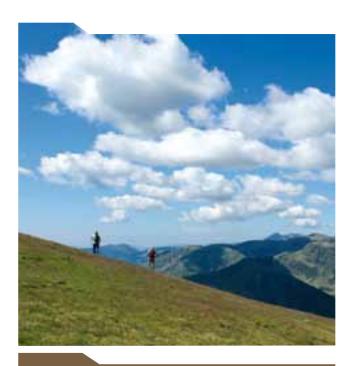




The Valleys of Comapedrosa Communal Natural Park is located in the northwest of the Principality of Andorra, in the parish of La Massana. The protected surface area is 1,542.6 ha, and its highest point is Comapedrosa peak, which at 2,942 m above sea level is the tallest in Andorra.

The main attractions in the area are found in the imposing, high-mountain landscape, with lakes, waterfalls, springs...

Tel. for the park cottage: (+376) 647 021 (summer only) www.comapedrosa.ad



>>> hiking and long routes

The best way to learn about a land is to walk through it, penetrating its landscapes step by step and discovering the secrets they hide. Andorra has different long-distance trails (GR) that cut across the country.

The Great Countrywide Route (GRP): this circuit runs approximately 100 km over the entire country without any difficult or dangerous stretches. It is broken into seven stages of around 14 km apiece that were designed according to the location of refuges and so they could be followed at a tempo that allows hikers to enjoy the natural environment. Six or seven days are required to complete the route.

The Great Cross-Border Route (GRT): the three-nation route.

GR-7: with a difference in elevation of almost 2,000 m between the highest point (2,840 m at Pessons pass) and the lowest point (850 m at La Farga de Moles), the GR-7 crosses Andorra from the eastern side to the southern side. The path forms part of the European E-4 (Tarifa-Sparta), which is 40 km long as it passes through Andorra.

GR-11 (Great Pyrenees Route): also known as the Pyrenees Path ("Senda Pirenaica") the GR-11 is a long-distance route in 47 stages. It crosses the Pyrenees along their southern slope from the Bay of Biscay (Cape Higuer) to the Mediterranean (Cape Creus) and climbs to the Andorran valleys.

In Andorra, the GR-11 begins at 2,545 m above sea level near Vallcivera pass and ends at Baiau pass, at 2,756 m.



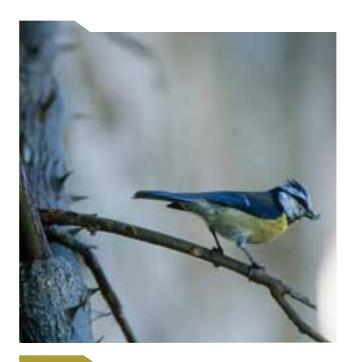




There are 29 refuges (3 kept refuges) for hikers in Andorra. They are usually located in places that are difficult to access, though there are some that can be reached in less than an hour. They all nestle in enclaves with incredible views and are reached by foot. All are fully equipped and open all year round, though they are not kept in general, except for the refuges at Comapedrosa and Juclà. Some other refuges in Andorra are found at Fontverd, Cabana Sorda and La Portella.

If you want to take a walk with your family, we suggest the guide Camins d'Andorra (Trails of Andorra), which covers 54 routes by foot among the rich and varied settings of our mountains, especially Andorra's two natural parks, one of which was declared World Heritage by UNESCO in 2004. The routes are indicated on the ground with different paint marks or with wooden signs that can be found in the book's legend. The data sheets are practical and manageable, with specific data on each route's features, a detailed topoguide and lots of graphic information.

Delve into nature accompanied by expert guides who will show you the secrets of the mountains of Andorra. You'll be able to complete ecotourism routes that will help you to expand your knowledge of the flora, fauna, culture and traditions of Andorra, and to discover the most surprising places.



>>> ecotourism routes

Come and enjoy the flora and fauna that this country in the Pyrenees offers you, accompanied by great mountain professionals who will show you the route from another perspective and ensure that the hike is a safe and unforgettable experience.

You'll be able to see large birds in danger of extinction such as the bearded eagle, as well as the smallest bird in Europe, the goldcrest. You may spot mammals such as the chamois or the marmotte and you'll be immersed in plant life with hundreds of species, many native to the Pyrenees. You'll be able to taste forest produce such as blackberries, raspberries and strawberries, and in autumn there is a great variety of wild mushrooms.

There is no reason to avoid discovering Andorra in its most natural state. If you come with your family, you can discover Sorteny valley along a low-mountain route with more than 700 flower species, some of which are endemic to the Pyrenees. You'll also be able to discover the routes of the old trade professions in Sant Julià de Lòria (woodcutter's route, shepherd's route, etc.).

Experienced visitors can climb to the top of Comapedrosa peak (2,940 m), the highest summit in Andorra. You can also marvel at the Madriu-Perafita-Claror valley, declared World Heritage by UNESCO, the Pessons cirque, Incles valley and Enclar valley, with the largest reserve of chamois in Andorra.



The "Aigües Tortes" of Siscaró



Siscaró lake, with a surface area of one hectare, is at 2,325 m above sea level in Incles valley, which nestles in pronounced relief due to the movements of Quaternary glaciers.





More information: Canillo Tourist Office (pg. 76).



2. The latest newcomer to Canillo, the marmot



This route will take you to discover Ransol valley and the secrets of its flora and fauna. This route is dominated by mountain pines peppered with birch, aspen and goat willow. In terms of wildlife, you may spot the goldcrest, the smallest bird in Europe, as well as the occasional squirrel.





More information: Canillo Tourist Office (pg. 76).



3. Pessons cirque



The Pessons cirque is one of the most emblematic lake zones in Andorra. Here you can see amphibians such as frogs and see and hear birds like the black redstart and the northern wheatear. Typical vegetation includes sedges and the water buttercup.





More information: Encamp Tourist Office (pg. 76).



Difficult















4. El Campeà forest



El Campeà forest is a vast mountain pine wood located in the shady side of Els Cortals d'Encamp. Here you can find some trees of considerable diameter, as well as many types of shrubs in the undergrowth. In this area, the presence of the capercaillie is notable.











More information: Encamp Tourist Office (pg. 76).



5. L'Alt del Griu



Alt del Griu is a summit standing 2,874 m above sea level. In the first stretch of the route it will be easy to find traces of the fox or sable and to spot the ring ouzel. It is not unusual to hear the squawking of marmots among the blocks of granite.















Encamp Tourist Office (pg. 76).



Beixalís pass and Padern peak



Both Beixalís pass and Padern peak are good places to observe birds of prey and gliding birds, in addition to enjoying magnificent













More information: Encamp Tourist Office (pg. 76).











7. Birds, butterflies and wet zones



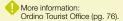
This route will take you to discover the birds, butterflies and wet zones of la vall de Sorteny Natural Park.













8. Subalpine, alpine and lakeside flora and fauna



This route takes us to the Estanyó Lake, where we'll find high mountain flora, architectural remains and fantastic views of La Font Blanca Peak.









More information: Ordino Tourist Office (pg. 76).



⁹. Planell del Quer



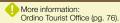
This route enables us to discover a refuge, take a walk on the Sorteny plain, 1,969 m above sea level, and drink water from a natural spring which is on the actual path. As we climb Planell de Quer we will enjoy splendid views of the Estanyó basin, Roc del rellotge rock, and La Serrera Peak.





















O. Alpine flora and fauna: the mines



This route follows the GRP and crosses part of the Sorteny plain, passing through meadows and continues through a wooded area and a wet zone where cotton grass flourishes. Along the path you'll also be able to see sundews, plants that eat insects. Later, you'll ascend to the alpine meadows where thousands of forget-me-nots and pasque flowers bloom, and you may spy the black redstart and the water pipit. Passing by a band of limestone after milking stall, you'll see calcicolous species such as common saxifrage, Rhamnus pumila and Globularia repens. Climbing up to Els Meners pass, you'll walk past some scree dominated by Carduus carlinoides that is home to the rare rock lizard and the discreet ermine. Upon reaching the pass, we'll be above the vultures and with a little luck we'll see the magnificent rock-thrush.









More information: Ordino Tourist Office (pg. 76).



1. Stroll around the Pollós river



This trip to the Pollós river crosses over the lower part of the visitor's circuit around the Comapedrosa Valleys Communal Natural Park. This visitor's circuit runs through forests of Scots pine, deciduous woods, etc. Here you'll discover species such as the blackcap, the house martin and the great and blue coal tit.













More information:

La Massana Tourist Office (pg. 76).



12. Huts of Percanela



This route will teach you about traditional high-mountain activities and the structures that go along with them (huts, dry stone walls, etc.). Moreover, the route runs through an old forest of great interest, home to notable species such as the black woodpecker. Overlooking the valley and settlement of Arinsal, we'll appreciate the impact posed by avalanches on the vegetation and the landscape.











More information: La Massana Tourist Office (pg. 76).











13. Pla de l'estany



This route will take you to discover a magical part of the Comapedrosa Valleys Communal Natural Park. Here you'll be able to hear and see birds like the white wagtail, the winter wren, the robin and the tit.













More information: La Massana Tourist Office (pg. 76).



14. Enclar valley



Enclar valley is of great interest in terms of wildlife in Andorra since it has the most numerous and wide-ranging population of chamois.















More information: Andorra la Vella Tourist Office (pg. 76).



5. Woodcutter's route



The woodcutter's route is locted in the La Rabassa forest, at between 1,400 and 1,500 m above sea level. The entire route passes through the most interesting Scots pine forests in Andorra.











More information: Sant Julià de Lòria Tourist Office (pg. 76).









16. Master builder's route



Along this route we'll pass by La Margineda cave, considered the first human settlement in the valleys of Andorra. Brown-coloured crag martins nest in La Margineda cave. On the southern slope, there are significant populations of reptiles like the ocellated lizard and the Iberian wall lizard.











More information:

Sant Julià de Lòria Tourist Office (pg. 76).



17. Wheat route



On this route you'll see high-mountain structures related with old professional trades, such as the hut of Cal Mestre and the Rèbols forest cabin.















More information:

Sant Julià de Lòria Tourist Office (pg. 76).



18. Shepherd's route



This route will give you a chance to see the huts and livestock pens that illustrate the living conditions of the shepherds and farmers in the mountains.

















Sant Julià de Lòria Tourist Office (pg. 76).

















Fontverd is the heart of the Madriu valley. The field refuge, the canals and the forests make this a special place.













More information: Escaldes-Engordany Tourist Office (pàg. 76).

>>> Advice that you should bear in mind when going to the mountains





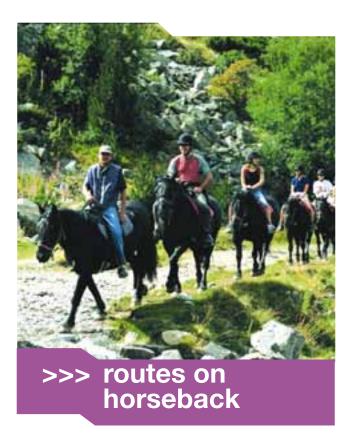
Yes I need nelp



- Respect the signposting.
- Plan your trips according to your level of experience and physical fitness.
- Bring equipment and clothing suitable for the type and length of trip.
- · Don't forget to bring a mobile phone so you can communicate with emergency aid and rescue teams if necessary.
- Get informed about the weather forecast.
- · Collect your rubbish and deposit it in the nearest dumpster.







Relating with one of the noblest and most beautiful animals in existence is an experience that you cannot miss if you visit Andorra.

You'll have the opportunity to learn to ride in clubs and riding schools and to complete routes on horseback and enjoy the natural areas and history of our country.

Discover the settings and landscapes of the most spectacular routes in Andorra on horseback.

Routes for any level of difficulty, different types of day trips, historical paths, etc.

You'll unwind as you take in everything around you, in contact with nature as you travel along historical paths and through forests, overcoming natural obstacles and endless adventures to make your dreams come true.



Centre hípic la Plana Come with your horse





Come with your horse and enjoy an entire country. Hire the services of a guide certified in BPJEPS equestrian tourism who will accompany you on different day trips with your horse.

All bookings are made in advance. The price depends on the number of people, with a minimum of €00 per day. For more information, see prices.







other activities

Routes on horseback:

- >Madriu-Perafita-Claror valley, Ensagents, Les Agols, Pessons, El Maià peak, Fontargent, Cabana Sorda, Ransol valley, Sorteny valley, Tristaina, Ensegur, Comapedrosa, Seturia, Os de Civís... or any route of your choice within or outside Andorra
- Transport of loads in the mountains on horseback.
- · Trips in a drawn cart.
- · Training of hitched horses.
- · Training of draft horses.
- · Possibilities to transport horses.
- · Weddings in a wagon. (wagon with two horses)

1 day, 2 days or several days







CENTRE HÍPIC LA PLANA

(+376) 325 540 (Didier) ● magadi@andorra.ad Hortalets del Ribot, 4 AD700 Escaldes-Engordany















Muntanyes Vives Milky stalls route





The milky stalls route is made on horseback and will help you to discover Les Pardines route, Els Cortals d'Encamp, the old milky stalls, Enradort pass, the El Cubil milky stalls, the Encenrera milky stalls and the Pessons cirque. Nature and horse lovers can discover incredible landscapes and enjoy Andorran cuisine. This route includes lunch and the trip lasts the whole day.



other activities

Routes with Mérens-race horses:

- > Day trips around Engolasters lake and Les Pardines route lasting 1 hour, 2 hours or a half-dav.
- > Possibility to practise skijoring in winter.

Routes with hitched donkey:

- > Day trips around Engolasters lake lasting 1 or 2 hours.
- > Trips lasting more than one day through the Madriu-Perafita-Claror valley, passing the night at L'Illa lake and at Els Agols refuge, and enjoying the landscapes of Blau lake.
- > Possibility to complete routes of your choice with advance booking.

In a coach

- > This activity is new in summer 2011 and consists of transporting 12 people by coach from the Camp del Serrat hotel to Les Pardines, which allows a visit to the botanic garden and provides sweeping views over Encamp.
- > The coach is drawn by two horses guided by a professional. Throughout the journey, the different environments of the botanic garden are explained.
- > This activity can be done in winter with a sleigh.





MUNTANYES VIVES

(+376) 323 290 • www.muntanyesvives.com Ctra. d'Engolasters AD700 Escaldes-Engordany









This route is suitable for anyone who practises horseback riding and is limited to forest trails and secure paths. Forests of Scots pine, rivers with crystal waters, mountain huts, silence and nature in its purest state will accompany us throughout the day. We'll leave Fontaneda and arrive at Os de Civís at the end of the day. after having passed through typical mountain towns like Civís, La Gallina pass and Ares pass with the majestic views of the whole central Pyrenees.



- - €125 per person
- Minimum age: 10 years. Beginner level. Simple route.

other activities

Trips on ponies for the little ones

> We have small ponies so that children can make the trip with their parents. They can also visit the henhouse, the small animal farm and the ecological vegetable garden so they can learn about country life.

Short trips

> The area around Fontaneda is suitable for short day trips. You can trot through the woods or gallop down forest trails as well as cross the middle of pastures and ride alongside fields of cultivated tobacco. Length: 1.5 to 4 hrs. It is possible to include lunch. Prices from €24 to €75. See hours and availability.

Courses and galloping exams

> During school holidays we provide courses for children throughout the day. This consists of introductory and advanced courses in which children practise equestrianism while also taking charge of cleaning and feeding the animal.

Accommodation in rural homes

> Cal Bou has rural homes that use traditional materials typical of the mountains and have all the modern comforts available for lodging those who practise horseback riding or anyone who wants to get away from the daily grind.

CASA BOU CENTRE HÍPIC FONTANEDA

(+376) 742 000 / (+376) 338 775 • equitacio@casabou.ad Fontaneda, Sant Julià de Lòria • www.casabou.ad







routes on horseback

> Club Hípic l'Aldosa





This centre for horseback and pony riding has been in operation for more than 20 years. Equestrian school. Crossed Spanish horses of every size and colour, especially selected for their temperament and their ability to perform in the high mountains.

NEW! Horseback riding trips in Comapedrosa Natural Park.



Den every day, all year round.

other activities

- 1-hour La Massana circuit:
- > Route of the marshes and shores of Giberga, especially for people with little or no experience. Can be done on horse or pony.
- 1-hour Ordino circuit:
- > Passing along the Santa Barbara path and climbing to La Gonarda, you'll be able to enjoy wide views of the two valleys (high level).

Pony and first-time rides:

- > starting at 1/2 hour for the little ones.
- 2-hour Redort circuit:
- > Animal trail at the foot of Casamanva peak.

going up to the path. Ideal for galloping or going down to the river (good level).



> Ascend along the sunny side path galloping for more than 1 km. Return through the old huts of Els Cortals, with impressive views (good level). It is possible to organise the day trip accompanied by a barbecue: 6 persons minimum.



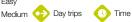




CLUB HÍPIC L'ALDOSA

Reserves of 9 to 20hrs. (+376) 837 329 • (+376) 325 629 • (+376) 331 898









Centre eqüestre El Tarter





The El Tarter equestrian centre offers day trips lasting one hour, two hours, a half-day or a full day.

From 26 to 29 August, we also offer the Iron Route.

These full-day rides reveal the paths used by the Andorrans' ancestors to transport iron within the Principality.

We promise you a radical landscape experience.

This route includes lunch.

Ask for information.





CENTRE EQÜESTRE EL TARTER

(+376) 751 515 • Foot of the slopes at Grandvalira-El Tarter ÀD100 El Tarter Canillo







routes on horseback







Enjoy a ride on horseback through the woods, paths and rivers surrounding Soldeu. Our Mérens-race horses are one of the few that are native to the Pyrenees. Guided trips.

We also have an enclosed space for ponies for children under 12.



other activities

Pony rides and first-time rides:

> We have an enclosed space so that children under 12 can also enjoy the experience.

Soldeu circuit:

> 1-hour circuit around the town of Soldeu.





CENTRE D'EQUITACIÓ CALBÓ

Crta. General, s/n, AD100 Soldeu • Tel.: (+376) 870 550















Andorra has an extensive network of mountain bike paths cutting through the great outdoors, while the ski resorts, such as Grandvalira, Vallnord and Naturlandia, transform in spring to offer a wide range of activities: from adventure circuits and kart racing to freeride circuits in the outdoors and bike parks adapted to all levels.

Another option is to ascend to the mountain passes of Andorra, where routes of varying levels of difficulty and length can open the whole country for you. The network totals almost 200 kilometres through 20 mountain passes, some nearly 2,500 m above sea level.

It is true that both beginning and expert cyclists come to Andorra to practise the sport. Throughout the year, the country hosts many cycling races that draw thousands of professionals, fans and inquisitive people. Andorra works every day to promote cycling in the country; in addition to lending support to many sports initiatives, it also encourages praticising them. As part of this, Andorra recently launched a project to signpost 20 routes through the country's mountain passes. For more information, ask any tourist office.

Vallnord Bike Park and Grandvalira Mountain Bike Park can provide you with kilometres and kilometres to enjoy the various mountain bike routes at many levels. Biking styles like cross-country, off-track, four-cross, downhill circuits, etc., will provide you with an unforgettable experience with your family, friends, partner or whomever you wish.

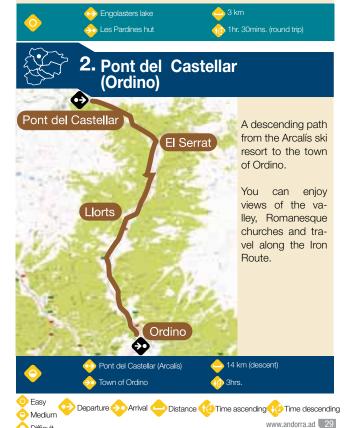
There are also areas to ride BMX (Arinsal circuit), with free access. In some parishes you can even stroll down the bike path with your family.



Mountain bike routes



A flat path in a guiet area. It affords sweeping views of the town of Encamp, with water points and tables to take a little rest.



Difficult



This circuit starts at Planell and ends at the foot of the Serra II ski lift. It is a gentle and easy circuit for beginners or children who want to practise going downhill.

Planell (Pal-Vallnord ski resort)



A route with steep climbs and falls. It runs through Grandvalira in the Soldeu sector, over an old iron bridge and finally merges with the Gall de Bosc path, which continues to the town of Canillo.











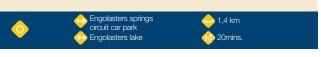
This route goes from the base camp to the snow camp at La Rabassa. It commands views over the town of Arcavell and the Cadi rangé.





This is located in the communal area between the Engolasters mountain range and the El Favar cirque. It is adapted for practising mountain biking and trial biking. Along the way you will also optionally find 3 practise workshops, 6 trial workshops and jumps, raised curves, wooden planks, etc.

The circuit is a free access space where beginners and experts can practise mountain biking in peace and quiet while discovering the wealth of a setting in the middle of the great outdoors.





From mid-April to the end of September, Andorra is now one of the destinations with the most potential for practising fishing.

Inhospitable landscapes and 2,000 m of altitude must be overcome to practise fly fishing, a very popular Andorran specialty.

The species of trout that can be found in the country's rivers and lakes include European bullhead, brown trout, brook trout, common minnow and rainbow trout.





>>> Fishing licenses and zoned licenses

12 zoned fishing licenses

In addition to rivers, there are 12 zoned licenses for fishing: five intensive, three natural and four catch and release. The intensive ones are located in Engolasters lake, the Os river (from 14/03 to 11/11), the Valira del Nord river (from 14/04 to 14/10), the Tristaina marshes and El Cubil lake (from 23/06 to 14/10). Vall de Sorteny Natural Park, the Els Pessons circle and the Manegor river are places for natural zoned licenses. Finally, the stretch of the Valira del Nord river between the Arans bridge and the Vilar de la Cortinada bridge (from 14/04 to 30/09), Els Pessons lake (from 23/06 to 30/09), the stretch of the Aixec river until the Cap Torrent river in the town of Vila, in the parish of Encamp (from 14/04 to 30/09) and the Aixovall bridge on the border (from 14/03 to 14/10), are valid for catch and release fishing. For more information, contact an Andorran tourist office.

Seasonal license (includes fees for the Andorran Hunting and Fishing Federation):

Andorrans and residents: €45.10 Andorrans and residents under 10: free Andorrans and residents from 10 to 14: €7.30 Andorrans and residents above 60: €22.10

Non-Andorrans: €94.20 Froa license: €3.20

One-day license

One-day tourist license: €12.40

One-day tourist license, catch and release: €6.20

Zoned fishing licenses

Intensive fishing: €9,75

Catch and release fishing: €3,50

Zoned license for Els Pessons circle: €15.90

Zoned license for Sorteny Natural Park or the Manegor river: €3,50

Educational fishing: €4,85

Note: 2012 prices





When spring comes, being good weather, it is time to go out to nature and enjoy all types of sports in the open air. With a surface area of 468 km2 and a particular and attractive relief full of valleys, summits, forests and streams, Andorra is the ideal place to practise all kinds of activities, includina aolf.

Grandvalira Golf Soldeu, the highest golf course in Europe (located in the Grandvalira ski resort, at more than 2.000 m above sea level) and the only one that can be accessed by cable car, is a treasure for both professional and amateur golf lovers and stands in the middle of nature with spectacular, panoramic views. Located on the Espiolets plain at 2,250 m of altitude, Grandvalira Golf Soldeu has 9 par 33 and covers 16 hectares.

Grandvalira Golf Soldeu is designed for fans of the green who can practise the sport in an exceptional seting, as well as anybody who would like to get started in this representative mountain leisure activity. The premises include a club house with attractions such as golf school and a restaurant with spectacular views.







Booking centre: T. (+376) 891 800 Information: T. (+376) 891 818 info@grandvalira.com www.grandvalira.com



This camp nestles in the heart of one of the most beautiful valleys in Andorra, only 2.5 km from Ordino and the town of La Cortinada. It is a 9-hole course appropriate for people who are just beginning to play golf as well as expert players who want to improve their game on a calm and fun course surrounded by nature in an exceptional setting.

Pitch&putt Golf Par 3: (+376) 850 400 direccio@ordinogolfclub.com / www.ordinogolfclub.com





Pitch & putt I Torrent





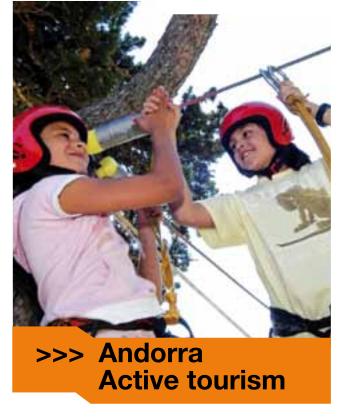
Pitch & Putt is a way of practising golf but on a smaller course and without the need to carry so much stuff.

Pitch & Putt El Torrent has a lovely little river that will accompany you as you make your way through the course. You'll enjoy this course whether you are a golf professional or beginner as you can play at 1,229 m or 1,138 m. 18-hole golf course.

There is a putting green, accommodation, a car park, a bar, a restaurant, a swimming pool and a gift shop.

Pitch&putt El Torrent: Tel: (+376) 738 613 · Fax: (+376) 839 113 c-xixerella@campingxixerella.com





Do you want to practise or learn about more than 20 types of outdoor activities?

Andorra offers stunning and dramatic settings for taking part in active tourism, a different, fun, dynamic and often exciting way to enjoy nature by performing outdoor activities.

An entire range of mutli-adventure activities are waiting for you: climbing, via ferratas, canyoning, adventure circuits, underwater lake diving, bungee jumping, quads, buggies, kart racing, paintball, orienteering... a thrilling range of possibilities at your fingertips!

And if you're looking for adventure in winter, you can build igloos, ride downhill on sleds pulled by dogs, practise telemark skiing, ride around on a snowmobile and even dive under the ice of lakes.

ACTIVE TOURISM

Clim	bs and	clim	bina	wal	ls 3	8
	- CIII	<u> </u>	~			6

Via ferratas 43

Canyoning 48

Ski resorts and activities centres 50

Grandvalira 51

Vallnord 55

Naturlandia 59

Esquí Parador Canaro 63

Companies and organisations 64

>>> Climbs and climbing walls

Andorra is an ideal country for climbing due to its peculiar geographical situation. The people who come can discover the most lush and exciting spots of the country, where nature is at its greatest. Climbing fans will find the best places for practising their sport and some routes with the via ferratas and climbing walls.







climbs



Piràmide



This impressive, 150-metre-high wall is located at 1,200 m altitude to the south, southeast. You can climb here all year round and enjoy the sun, which shines all day. The rock is made of granite and they have bolts. Difficulty: from 4 to 8a.

Going down the avenue Avenida Santa Coloma towards Sant Julià de Lòria, take the Gil Torres road and follow the road with yellow markings.





Solà d'Enclar



This is the place with the most climbs in the whole country. It is located at 1,100 m above sea level to the south southeast. You can come to climb here all year round. There are four climbing sectors called Cementiri, Bigabloc, Esfinx and Santa Coloma. The rock is granite. They have chemical bolts and anchors. Difficulty: from 4 to 7.

Going down the avenue Avenida Santa Coloma towards Sant Julià de Lòria, take the road that leads to the cementery. Take the road that leaves from the right side and goes under the wall.



3. Llastra de l'Obac



This is a rather flat rock located to the north. There are only three climbs. We recommend that you come on drier days, since it is surrounded by vegetation. The rock is limestone. They have chemical anchors. Difficulty: from 5 to 6b.



Take the Rec de l'Obac road from Avenue Tarragona. About a hundred metres beyond you'll see a road that leads to the climbs.



4. Sant Antoni de la Grella



This is divided into two sectors and is located 1,150 m altitude to the east. It is a very beautiful place, near the Valira del Nord river. They have chemical bolts and anchors. The rock is limestone. Difficulty: from 5 to 7c.



From Escaldes-Engordany, go towards La Massana. After going through the first tunnel. park alongside the Sant Antoni bridge. The road will lead you to the climbs.



5. Boulder de Coll Jovell



This place has small walls (none more than 18 m high) located at 1,620 m altitude to the northwest. You can stop to drink water from the fountain found along the path. There are 5 sectors: Figa, Festa, Del Sostre, Frankfurt and Can Faltegan. They have chemical anchors. The rock is granite. Difficulty: from 4 to 8a.



From Escaldes-Engordany, take the road towards Engolasters until the 6.3 km mark. where you should stop and park your vehicle. Follow the path until you reach the climbing areas.



Agulles d'Engolasters

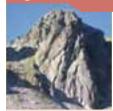


These "needles of Engolasters" are 15 to 30 m high. The area is located 1,740 m above sea level to the north northeast. From here you can appreciate the marvellous views of Andorra valley. The rock is granite. They have bolts. Difficulty: from 4 to 6b

From Escaldes-Engordany, take the road towards Engolasters until the 6.3 km point, mark where you should stop your vehicle. Take the path on the left, a gentle path at first that slopes near the end. 15 minute walk.



7. Pic de Ribuls



Ribuls peak is 2,780 m high and located inside the Els Pessons circle. Due to its height, the temperature is often mild in summer. The rock is granite and they have bolts. Difficulty: from 5 to 6a.

From the Grau Roig ski resort, follow the Els Pessons first lake path and take the path on the left.



Cascada Riu d'Urina



At 1,150 m altitude to the southeat, this place is magnificent due to the waterfall that crosses the centre of the wall. The rock is limestone and they have bolts. Difficulty: from 3 to 6a.

Follow the Canillo road until you reach the road that goes up to Mereig valley. Follow the road until the bend and park your vehicle. Cross the river and follow the path to the waterfall.

9. Roc de la Coma d'Erts



The Erts via ferrata climbs up the left side over long stretches equipped with ropes. The via has some excellent stretches of lightly sportive, free-air climbing.

You can get there by the path alongside the Casa de Quart, on the left side of the river going up towards Arinsal.



>>> Climbing walls



Rocòdrom **Prat Esportiu**

This natural, outdoor climbing wall is open all year round. Tel. (+376) 723 400



Climbing wall located at the road c/ Prat de la Creu in Andorra la Vella, in front of the



Rocòdrom Caldea

This climbing wall is found at the well-known Caldea spa. You must pay to get in. Tel. (+376) 823 593.



The climbing wall is located inside the Caldea building in Escaldes-Engordany.



Rocòdrom de Dos Valires



Located very close to Caldea, this climbing wall is made with 3D Real Rock panels and includes 1,000 grips so you can adapt your route to any taste.



The climbing wall is located very close the Caldea building (Escaldes-Engordany), under the road, beside the round point.



4. Rocòdrom d'Ordino

This outdoor climbing wall is open all year round and located beside the Ordino sports centre.



The climbing wall is located in the Centre Esportiu d'Ordino building, near the car park.





5. Rocòdrom de Canillo



Outdoor climbing wall. Tel. +376 753 600



Located outside Canillo on the same public road.



6. Complex Esportiu i Sociocultural

This climbing wall is located inside sports centre. It is also open all year round and you have to pay to enter.

Tel. (+376) 832 830



Located inside the Encamp sports centre.



Rocòdrom Cortals d'Aventura

Open all year round. Tel. (+376) 731 000



Take the Encamp road. Once you come to the gondola round point, turn onto the Els Cortals d'Encamp road until you reach the middle gondola station after 10 km.



8. Centre Esportiu del Pas de la Casa

You must pay to enter. Open all year round. Tel. (+376) 856 830



Go to the town of El Pas de la Casa. The climbing wall is located in the town centre.

>>> via ferratas

Come enjoy the 16 via ferratas that Andorra offers you.

The only thing you need to do is get excited about having a good experience and let yourself be guided by a professional.

The via ferrata is a route equipped with iron rungs, cable railings, etc. aimed at facilitating progress and optimising safety without having to master the physical techniques to overcome the obstacles the rock poses.

Don't worry whether it's the first time or you already have experience: there are different routes adapted to all levels, from a 150-metre difference in elevation for beginners to 400 m for experts.

A cross between hiking and rock climbing, this activity allows you to enjoy the beauty of a route that would be too risky to try unequipped. Tibetan bridges, walkways, passageways with steps...

Plus, the return trip is made on foot in combination with an easy day trip.









Canal de Mora 1 and 2*



The Canal de Mora 1 route basically follows the canal. The Canal de Mora 2 route follows the canal until the halfway point, and then goes over a spur on the right side. Depending on the time of year, water or ice may be found inside.

(There are no emergency exits planned for this route.) * Variant









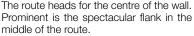








Roc del Quer



(There are no emergency exits planned for this route.)

















3. Racons



In general, the route is rather vertical and impressive, with the end especially vertical. This via ferrata is for experts.

(There are no emergency exits planned for this route.)















4. Canal del Grau



This route is mostly horizontal, except for the hanging bridges and the ascent up the unique red "needle".

(There are no emergency exits planned for this route.)













Free access















Afterwards you can rappel down with the rappel line (longest rappel is 25 m) and go down the El Grau path (following the yellow markings). To complete the route, you'll need to wear classic climbing gear (helmet, cords, snap rings, safety device. HMS carabiners, descent ropes) that is fully up to standard, as well as appropriate footwear. (There are no emergency exits planned for this route.)







Free access. Chimney in the middle of the way.



Afterwards you can rappel down with the rappel line (longest rappel is 25 m) and go down the El Grau path (following the yellow markings). To complete the route, you'll need to wear classic climbing gear (helmet, cords, snap rings, safety device, HMS carabiners, descent ropes) that is fully up to standard, as well as appropriate footwear.

(There are no emergency exits planned for this route.)







Free access. Aerial spur on the last third of the way.



Clots de l'Aspra



This is a route set up specifically to introduce adults and children to this type of vertigoinducing route. The first half runs up a spur, but it is not fully vertical and has many steps so that the youngest children won't encounter any problems.















Bony d'Envalira



This high-mountain via ferrata runs over granite rock with excellent equipment. It is not especially physically demanding but you'll often have to make use of the natural resources the rock affords.



Difficult



























9. Coll dels Isards Left



This via ferrata runs parallel to the same one on the right. Both start practically in the same place but they follow different pathways, even while sharing the same summit.

This is an easy route with a short ascent.





30mins.







10.Coll dels Isards Right



We recommend following this via ferrata in summer because it is located high in the mountains. The route is very well equipped. Although it only has a change in elevation of 70 m, it can be considered a technical route.









Free access



11.Creu del Noral



Built between the Segudet forest, a vertical adventure circuit and the Segudet ravine. Very easy access and open all year round.











Free access



2. Via de Segudet



This via ferrata is shorter than the Creu del Noral. It is also a little more entertaining and will delight children and beginners.

































The Erts ferrata climbs up the left side over long stretches equipped with cables. The via has some excellent stretches of lightly sportive, free-air climbing.













14. Sant Vicenç d'Enclar



Two things must be mentioned about this route: its location in an oak forest surrounded by pronounced relief and its top-quality equipment. Moreover, it is very close to the centre and a few steps from the entrance you'll find the hermitage of Sant Vicenç d'Enclar.













5.Tossal Gran d'Aixovall



Short and urban, this via ferrata is located at the foot of the Gran Valira river, near the village of Sant Julià de Lòria. You'll climb quickly up the walls of El Tossal Gran and negotiate a difficult variant with an athletic drop.













16.Roc d'Esquers



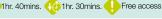
A classic via ferrata route notable for its length and the great quality of its vertical stretches. This route is ideal for fans of hiking and heights.



Difficult



















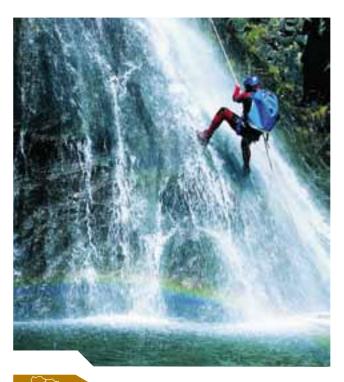




>>> canyoning

Discover the 6 ravines for canyoning that Andorra has to offer. This fascinating activity will allow you to gain a new perspective of the mountains, going down a high-mountain river gorge, using cords to rappel, slipping down slides, etc.

This is an unforgettable experience in which you can enjoy a water activity in the great outdoors.



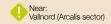
1. Canaleta's ravine



Fairly open alpine ravine. You'll have to seriously evaluate the rapids in spring and after rainy periods. The difficulty of the descent can vary notably, since some of the rappel stretches descend into the water.









2. Encodina's ravine



This ravine is near Sorteny Natural Park. The last series of pools can present serious difficulties with a strong water flow since the receiving pools form swirls that can give you a real scare.



280 m







3. Segudet's ravine



This ravine is quite easy but can be difficult with a strong water flow due to the tight, excavated route. This is the ravine that presents the least trouble and is ideal for beginners who are curious about the sport.











4.Ensegur's ravine



The course of the river presents a series of small inclines and falls that can be delicate if there is a strong water flow and because of the many trunks and branches found along the way. The rather slippery rock and the temperature of the water are other factors making the descent complicated.











5. Coma de Ransol's ravine



This ravine is short, not shaped much and can be scaled along the entire route, with excellent equipment. There is always quite a bit of water.











6. Torrent de l'Aviar's ravine



A dry and open ravine with not much change in elevation, this is an ideal route for canyoning and practising the rappel technique. Located in Solà d'Encamp, this ravine is not of any special aesthetic interest, as the shale that makes up the rock does not result in attractive or excavated formations. However, it does shelter great biodiversity, and if we come at the right time we can see chamois, mouflons, partridges, mushrooms, wild strawberries...























www.andorra.ad 49



When June comes, the Andorra's ski resorts slough off their layer of white to become an authentic amu-

sement park in the midst of nature.

The ski resorts' lifts and facilities are put into operation to make sure that there is no lack of fun throughout the summer. There is a wide range of outdoor activities for all levels, such as pony and horseback rides, 4x4 routes, hiking routes, quads, downhill mountain biking, mountain kart racing and multi-adventure circuits.

Summer activities include different adventures so you can challenge yourself. Big and small visitors can enjoy the adventure parks, areas full of activities for all ages. There are hundreds of mountain bike circuits, high-speed circuits for engine enthusiasts and the highest golf course in Europe (9 holes par 33), which is also the only one reachable by cable car.

Whether in Naturlandia, Vallnord or Grandvalira, a fun time is guaranteed for the whole family or if you come with friends.



XGRANDVALIRA









activities

- > Children's area: slides and other objects, an inflatable castle area, a pool full of plastic balls and an outdoor game area with giant tabletop games.
- > Miniature golf
- > Electric vehicle circuit
- > Trampolines
- > Fornatura circuit: educational route on flora and fauna
- > Archery
- > Intertube rafting
- > All-terrain go-karts
- > Acrojump
- > Arapahoe
- > Donkey and horseback rides

water activities

Water scooters < Canoes <

food and drink

Forn de Canillo (bakery) < Self-service

Cafeteria del Telecabina <

XGRANDVALIRA



This 9 hole par 33 course nestles in an incomparable setting. It is the highest golf course in Europe at 2,250 m above sea level and was designed by Jeremy Pern. You can get there via a cable car that seats 8. There is a school, a practise area and instructors.

There is also a club house to enjoy the best food and drink and extraordinary views. What a dizzying experience!







Booking centre: Tel. (+376) 891 800 Information: Tel. (+376) 891 818 info@grandvalira.com www.grandvalira.com





XGRANDVALIRA

ANDORRA

data sheet

change in elevation 930 m (2.640 m-1.710 m)

skiable area 205km marked slopes 193 km

slopes - 110 slopes:

15 green slopes

43 blue slopes

30 red slopes 24 black slopes

- 3 competition stadiums (2 meet FIS standards)

- 5 snowparks:

· Snowpark El Tarter

· Snowpark Isard's Pas de la Casa

· Snowpark Xavi Grau Roig

· Snowpark at night El Peretol

· Snowpark Olé (Grandvalira-Encamp introductory area)

- 1 permanent boardercross (Pas de la Casa)

- 2 children's circuits (Grau Roig and Pas de la Casa)

activity and - 1 cross-country ski circuit

adventure centre - 4 snowshoe circuits:

Grau Roig, Canillo, El Tarter and Pas de la Casa

- 2 mushing circuits

- 1 motorbike circuit

- 1 base for helicopter flights Grau Roig

- 1 snow buggy circuit in El Tarter

capacity 100,700 skiers per hour

67 cableways - 1 funitel

- 3 cable cars

- 14 releasable chairlifts

- 14 fixed chairlifts

- 16 ski lifts

- 9 lift cables

- 10 conveyor belts

artificial snow - 975 snow cannons

- Innovation: 60.5% of the skiable area

ski and - 450 qualified instructors

snowboarding - 7 centres

school - 6 snow gardens

- 4 nurseries

- 5 medical centres

- 40 refreshment areas

- 14 car parks:

· 10 outdoor

· 4 indoor

supplementary activities



Snowshoes, riding snowmobiles, mushing, intertube rafting, buggies, orienteering, building igloos, snow rafting, panoramic views in a helicopter... and much more! IGLÚ HOTEL GRANDVALIRA: Have you ever slept in an igloo at 1,300 m above sea level? Come to the Hotel GrandValira igloo, which has a restaurant and a jacuzzi.

services

restaurants 40 eating establishments

skiing and

7 with 450 qualified monitors snowboarding schools

childcare centres 4

> snow gardens 6 for children aged 3 to 6 years

medical centres 5

equipment rental 4 rental locations at the foot of the slopes

car parks 10 uncovered and 4 covered



General information Tel. (+376) 891 818 info@grandvalira.com www.grandvalira.com













activities

- > Archery
- > Go-karts
- > Quads for adults
- > Horseback riding
- > 4x4 all-terrain vehicles
- > Jumping
- > Zip lines
- > Lasertag paintball
- > Kart racing



activitiesfor children (pekepark)

- Downhill kart racing / electric go-karts <
 - Inflatable objects / trampolines <
 - Quads for children <
 - Jumping <
 - Electric train <
 - Zip lines <
 - Ponies <

mountain activities

- Hiking
- > Via ferratas
- > Canyoning
- > Climbing walls
- > Bungee jumping
- > Cord park
- > Cable car and chairlift rides
- > Explore the lakes Tristaina and Creussans
- > Golf
- > Fishing
- > Diving
- > Cycling

bike park

- Mountain bike rental <
- Downhill mountain biking <
 - Four cross <
 - Wood park <
 - Mountain bike school <









Sector Pal: (+376) 878 000 Sector Arcalís: (+376) 739 600 vallnord@vallnord.com www.vallnord.com





data sheet

location 5 km from Andorra la Vella (La Massana cable car)

extremes from 1,550 to 2,625 m of elevation

change 1,010 m in elevation

facilities - 45 mechanical lifts

- 1 gondola
- 1 cable car 2 S (seats 16)
- 1 cable car (seats 6)
- 4 releasable chairlifts (seats 6)
- 3 releasable chairlifts (seats 4)
- 7 fixed chairlifts (seats 4)
- 2 fixed chairlifts (seats 2)
- 14 ski lifts
- 5 telecords
- 6 conveyor belts
- 385 artificial snow cannons

capacity 55,690 skiers per hour

slopes - 93 km

- Freestyle areas
- Freeride areas
- Wood park
- Boardercross
- Slalom areas

artificial snow 42,5 km surface area





supplementary activities



Speedriding, paragliding flights, heliskiing sessions, diving under the ice, helicopter flights, snowshoes, mushing, snowmobiles for adults and children, jumping, ski bikes, trikke skiing, sleds, airboarding...

Free continuous bus service linking the three sectors: Arcalís, Arinsal and La Massana (Pal)

services

1 grill restaurant restaurants

2 à la carte restaurants

5 self-service restaurants

2 all-you-can-eat buffets

3 bar cafés

8 snack bars with panoramic views

skiing and 3 (downhill skiing and snowboarding) with 250 monitors

snowboading schools baby clubs

3, for children from 1 to 4

snow parks 3. for children from 4 to 8

3 shops for "merchandising", the press, gifts

and a photography service

medical centres 3

shops

6 locations for equipment rental and sales at equipment rental

the foot of the slopes

car parks 12 with capacity for 8,200 vehicles

pinic areas 5 rooms

4

ski storage areas consignment areas

3

ATMs 3



General information Tel. (+376) 878 000 vallnord@vallnord.com www.vallnord.com













activities

- > TOBOTRONC (the longest mountain slide in the world)
- > Hiking
- > Nordic walking
- > Nature workshop
- > Fun biking circuit
- > Mountain bike rental and circuits with a monitor
- TUBBY and MINITUBBY summer slides





other activities

- Paintball <
- Archery <
 - Golf <
- Skating rink (synthetic ice) <
- Horseback riding in nature <
 - Mushing (trips, driving) <
- Quads (guided trips with an instructor) <
 - Activities for children: <

INUIT adventure park, electric vehicles, miniquads, area with inflatable objects, Trampolines, pony riding, baby parc









Booking centre Tel. (+376) 741 463 reserves@naturlandia.ad Base camp Tel. (+376) 741 444 info@naturlandia.ad www.naturlandia.ad



data sheet

La Rabassa snow camp

location 17 km from Sant Julià de Lòria

extremes of elevation change in elevation from 1,970 to 2,160 m 190 m

cross-country ski area

15 km

snowfield slopes with tracks

150 ha 15 km

difficulty downhill Nordic skiing

20% beginner, 35% intermediate, 45% expert slope school (60 m / 6% change in elevation)

for children learning stadium Prat de Conangle (1 km) beginner level intermediate level

Pista de Conangle (green slope) (1.5 km)

Pleta de les mules (blue slope) (5.5 km) intermediate level Pista del bosc (blue slope) (1.8 km) expert level Roca de Pimes (red slope) (6.5 km)

lifts - 40-metre-long conveyor belt with capacity for 1.300 people per hour

> - 1 children's ski lift (innertube sled lift, with three 90-metre slopes) with capacity for 380 people per hour

skiers per day car park at the foot of the slopes

500

first aid centres

7,000 m² (150 spaces)

multi-purpose rooms

2 ticket offices and information points

restaurant-bars 1

shops 1

equipment rental locations

winter activities

Ski school (equipment for hire) snowshoes (guided routes and equipment for hire), nature workshop, Nordic Walking, Inuit Adventure park, TUBBY and MI-NITUBBY snow toboggan parks, baby park, snowmobile/quads (guided trips with an instructor), children's circuit with a snowmobile, mushing

summer activities

Hiking, Nordic Walking, MTB (circuit with instructor and equipment for hire), TU-BBY and MINITUBBY summer toboggans, nature route on horseback, baby park, snowmobile/quads (quided trips with an instructor), inflatable game area, mushing

supplementary activities



Tobotronc (the longest mountain slide in the world)

location 8 km from Sant Julià de Lòria

length of descent/ascent 3,550 m / 1,700 m

maximum incline going up 60%

average difference in 10% elevation going down

capacity 500 people per hour

speed going up 2.5 m per second average time going up 11 mins.

maximum speed going down 40 km per hour

average time going down 8 mins.

Base camp

location 8 km from Sant Julià de Lòria car parks 8,000 m² (200 spaces)

first aid centres

shops

1

reception and information areas

restaurant-bars

ticket offices and

information points

activitats Archery, skating rink (artificial ice), Monster Bike Park, paintball, children's area with inflatable objects, miniature electric vehicles, baby park.

Booking centre Tel. (+376) 741 463 reserves@naturlandia.ad

Base camp Tel. (+376) 741 444 info@naturlandia.ad www.naturlandia.ad



Parador Canaro



This is one way to get started skiing, whether for children or adults. We stress how easy it is to access all our services: you can see what your children are up to without having to move around; everything is designed with your safety and comfort in mind.

We also have a sled area for the youngest visitors. Sledding is a fun way to expose children to snow environments for the first time.

Various activities are in store for you in a highmountain setting that is perfect for the whole family.

data sheet

altitude 1,750 m

skiable area 3 ha

total slopes 2 (beginner)

lifts 2

snow cannons 15

services

Ski schools Qualified instructors Private classes Restaurant / snack-bar Terrace Equipment rental Equipment storage Parking at the foot of the slopes



Tel.: (+376) 751 145 info@skiparadorcanaro.com www.skiparadorcanaro.com



GUIDED HIKING summer **Ensagents Aventures** (+376) 330 720 www.ensagentsaventures.com Experiencia en Muntanya (+376) 847 888 www.experienciamuntanya.com **Guies Muntanya Adictes** (+376) 343 812 quiesmt@andorra.ad La Moixera, Educació Ambiental (+376) 868684 lamoixera@andorra.ad Muntanya Activa (+376) 390 776 www.muntanvactiva.com Natura i Aventura (+376) 349 542 www.naturaiaventura.ad OT Andorra la Vella (+376) 873 103 www.andorralavella.ad OT Canillo (+376) 753 600 www.vdc.ad **OT Escaldes-Engordany** (+376) 820 963 www e-e ad OT La Massana (+376) 835 693 www.lamassana.ad OT Ordino (+376) 878 173 www.ordino.ad OT Sant Julià de Lòria (+376) 744 045 www.santjulia.ad/turisme



(+376) 358 399

www.trekking-andorra.com

Pas a Pas

companies and organisations



summer

Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Muntanya Activa	(+376) 390 776	www.muntanyactiva.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
La Moixera, Educació Ambiental	(+376) 868684	lamoixera@andorra.ad

ADVENTU	RE CIRCUI	T <u>summer</u>
Bosc Aventura	(+376) 385 077	bosc-aventura@andorra.ad
Ensagents Aventures	(+376) 330 720	www.ensagentsaventures.com
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
OT Andorra la Vella	(+376) 873 103	www.andorralavella.ad
OT Encamp	(+376) 731 000	www.encamp.ad
OT La Massana	(+376) 835 693	www.lamassana.ad

CANYONII	<u>summer</u>	
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
OT Andorra la Vella	(+376) 873 103	www.andorralavella.ad
OT Canillo	(+376) 753 600	www.vdc.ad
OT Ordino	(+376) 878 173	www.ordino.ad
OT Encamp	(+376) 731 000	www.encamp.ad

VIA FERR	summer_	
Ensagents Aventures	(+376) 330 720	www.ensagentsaventures.com
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Muntanya Activa	(+376) 390 776	www.muntanyactiva.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
OT Canillo	(+376) 753 600	www.vdc.ad
OT Encamp	(+376) 731 000	www.encamp.ad
OT Escaldes-Engordany	(+376) 820 963	www.e-e.ad
OT Ordino	(+376) 878 173	www.ordino.ad
OT Sant Julià de Lòria	(+376) 744 045	www.santjulia.ad/turisme





CLIMBING		summer
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
OT Escaldes-Engordany	(+376) 820 963	www.e-e.ad
OT Encamp	(+376) 731 000	www.encamp.ad

	BIG WAL	T CLIMBING	i <u>sumr</u>	nei
Guies Munta	nya Adictes	(+376) 343 812	guiesmt@andorra.ad	
Natura i Ave	ntura	(+376) 349 542	www.naturaiaventura.ad	

WALL C	LIMBING	summer
OT Andorra la Vella	(+376) 873 103	www.andorralavella.ad
OT Encamp	(+376) 731 000	www.encamp.ad
OT Ordino	(+376) 878 173	www.ordino.ad

MOUNTAIL	N BIKE CIF	RCUIT <u>summer</u>
Desconnecta i aventura't	(+376) 325 599	desconnectaaventurat@andorra.ad
OT Andorra la Vella	(+376) 873 103	www.andorralavella.ad
OT Encamp	(+376) 731 000	www.encamp.ad

MOUNTAIN BIKE F	RENTAL summer
Deconnects i aventura't (±376) 325 5	
Desconinecta i aventula t	699 desconnectaaventurat@andorra.ad
OT Andorra la Vella (+376) 873 1	103 www.andorralavella.ad

companies and organisations



BIKE PARK

Grandvalira Bike Park	(+376) 891 800	www.grandvalira.com
Mountain Park Vallnord	(+376) 878 000	www.vallnord.com
Monster Bike Park	(+376) 741 444	www.naturlandia.com
OT Encamp	(+376) 731 000	www.encamp.ad

120	,/
Outside	

GOLF

summer

Grandvalira Golf Soldeu	(+376) 891 800	www.grandvalira.com
OT Encamp	(+376) 731 000	www.encamp.ad



PITCH & PUTT

summer

El Torrent	(+376) 738 613	www.xixerellapark.com
Golf Par 3	(+376) 850 400	www.ordinogoflclub.com



BUNGEE JUMPING

summer

Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
OT Andorra la Vella	(+376) 873 103	www.andorralavella.ad
OT Ordino	(+376) 878 173	www.ordino.ad

	V

HORSEBACK RIDING

summer

(+376) 751 515	
(+376) 837329/325 639	www.hipica-aldosa.com
(+376) 852 111	www.sporthotels.ad
(+376) 841 231	www.casabou.ad
(+376) 323 290	www.muntanyesvives.com
(+376) 873 103	www.andorralavella.ad
(+376) 835 693	www.lamassana.ad
	(+376) 837329/325 639 (+376) 852 111 (+376) 841 231 (+376) 323 290 (+376) 873 103







ARCHERY

OT Andorra la Vella (+376) 873 103 www.andorralavella.ad OT Encamp (+376) 731 000 www.encamp.ad OT Sant Julià de Lòria (+376) 744 045 www.santjulia.ad/turisme



QUADS

Bringué (+376) 736 999 www.hotelbringue.com OT Andorra la Vella (+376) 873 103 www.andorralavella.ad Oxigen 2 Andorra (+376) 836 666 oxigen2andorra@andorra.ad

KART RAC	CING	summel	r_
Grandvalira Karting Marc Gené	(+376) 891 800	www.grandvalira.com	
OT Encamp	(+376) 731 000	www.encamp.ad	

BUGGIES		<u>summer</u>
Original	(+376) 838 515	www.originalandorra.com
OT Andorra la Vella	(+376) 873 103	www.andorralavella.ad



PAINTBALL

summer

Paintball Tokat Andorra (+376) 330 834 tokat@andorra.ad



companies and organisations CATERPILLAR VEHICLE

www.gicafer.com

Gicafer (+376) 351 400 OT Ordino (+376) 878 173 www.ordino.ad



NORDIC WALKING

summer

Original (+376) 838 515 www.originalandorra.com La Moixera, Educació Ambiental (+376) 868684 lamoixera@andorra.ad



HELICOPTER FLIGHTS

summer

Heliand (+376) 737 271 www.heliand.com



SCUBA DIVING AND IMMERSION IN LAKES

summer

Diving Andorra

(+376) 868 053 / 350 051 www.divingandorra.com



CATERPILLAR VEHICLE

winter

Gicafer

(+376) 351 400 www.gicafer.com



NORDIC WALKING

Original

(+376) 838 515 www.originalandorra.com





SNOWSHO	DES	<u>winter</u>
Ensagents Aventures	(+376) 330 720	www.ensagentsaventures.com
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
Gicafer	(+376) 351 400	www.gicafer.com
La Moixera, Educació Ambiental	(+376) 868684	lamoixera@andorra.ad
Muntanya Activa	(+376) 390 776	www.muntanyactiva.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
OT Ordino	(+376) 878 173	www.ordino.ad
OT Encamp	(+376) 731 000	www.encamp.ad
Pas a Pas	(+376) 358 399	www.trekking-andorra.com

	HELICOPTER FLIGHTS .	winter
Heliand	(+376) 737 271 www.heliand.com	



HELISKII	NG	<u>winter</u>
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
OT Ordino	(+376) 878 173	www.ordino.ad

SNOWMO	BILES	<u>winter</u>
Oxigen 2 Andorra	(+376) 836 666	oxigen2andorra@andorra.ad
Gicafer	(+376) 351 400	www.gicafer.com
OT Encamp	(+376) 731 000	www.encamp.ad
Motos de Neu Agencia Armengol	(+376) 324 010	www.agenciaarmengol.es

companies and organisations

MOUNTA	IN SKIING	<u>winter</u>
Ensagents Aventures	(+376) 330 720	www.ensagentsaventures.com
OT Ordino	(+376) 878 173	www.ordino.ad
OT Andorra la Vella	(+376) 873 103	
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad



FREERIDE EXPERIENCE

winter

Experiencia en Muntanya (+376) 847 888 www.experienciamuntanya.com

BUILDING	IGLOOS	winter	
Pas a Pas	(+376) 358 399	www.trekking-andorra.com	
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com	
La Moixera, Educació Ambiental	(+376) 868684	lamoixera@andorra.ad	
Muntanya Activa	(+376) 390 776	www.muntanyactiva.com	
OT Encamp	(+376) 731 000	www.encamp.ad	

AVALANCH SHOVEL	IE TRANSO . /PROBE T	
Muntanya Activa	(+376) 390 776	www.muntanyactiva.com
Natura i Aventura	(+376) 349 542	www.naturaiaventura.ad
Experiencia en Muntanya	(+376) 847 888	www.experienciamuntanya.com
Pas a Pas	(+376) 358 399	www.trekking-andorra.com
Muntanya Activa	(+376) 390 776	www.muntanyactiva.com
Guies Muntanya Adictes	(+376) 343 812	guiesmt@andorra.ad







A place where excitement is guaranteed. Come with your family or friends and have fun practising different sports and aced-paced group activities such as ice skating, ice karting, ice hockey and canoe polo, among others. Get in shape in the fitness area and get your strength back by sampling the delicious specialties at our restaurant.

facilities





- · Ice rink
- · Heated swimming pool with outdoor solarium
- · Fresquiland (pool full of plastic balls for children)
- · Gymnasium Urban Gym
- · Sauna and tanning area
- · Multi-use sports facility
- · Squash court
- · Tennis court
- · Restaurant Sport Planet
- · Congress centre
 - Multi-purpose rooms
 - Modular rooms











activities

Activities for families, groups of friends and couples:

- · Ice-skating (free entry for children under 5)
- · Ice garden for small children (aged 4 to 9)
- · Curling starter course
- · Water polo and canoe polo games in an indoor pool

at night

Activities on the ice rink at night:

- \cdot Ice go-karting, (for over 16s) get a rush of adrenaline on the ice rink! There are two options: with dinner or without.
- · Ice laser combat (new feature): combat simulation with cutting-edge laser technology inside the ice rink, with hockey protection equipment (for over 10s).
- · Hockey or broomball games
- · Curling games (for the entire the family!)



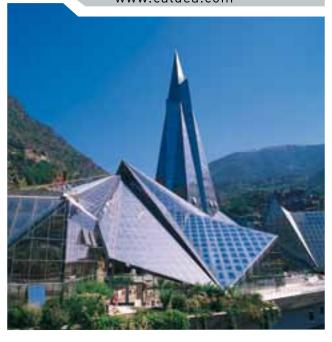




General information Tel. (+376) 800 840 info@palaudegel.ad www.palaudegel.ad



www.caldea.com



Spa facilities

Caldea is Europe's largest mountain spa centre. Housed in a distinctive building in the centre of the village, Caldea invites you to discover the pleasures and benefits of the thermal waters of Escaldes-Engordany to take care of your body, regain balance and regenerate without effort, all without any therapeutic goal.

Spa area

Thermal water in one thousand and one forms: steam, ice, vaporisation, streams of water, bubbles, etc., offering you a whole world of water areas, airbath, hydromassage and the ability to top off your stay with any of more than 80 à la carte treatments.

large indoor lagoon outdoor lagoon outdoor iacuzzi Indo-Roman baths Icelandic bath hydromassage area Sirocco bath saunas with relaxing lights hammam and vaporisation relaxation with infrared relaxation with Wood's lighting

Wellness Area

An oasis of relaxation where peace and tranquillity reign, to enjoy personalised treatment.

Aztec bath with current grapefruit bath hammam relaxing watsu bath outdoor jacuzzis private solarium waterbeds water bar



Treatment



a list of more than eighty. massages beauty rituals wellness rituals chocolate therapy anti-cellulite and weight loss treatments hydrothermal and

complementary services

Six lines of treatment for





General information Tel.: (+376) 800 995 info@caldea.ad www.caldea.com

>>> general information

international country code (Andorra): (+376

NATIONAL TOURIST OFFICE
Tel. 820 214 - info@andorra.ad - www.andorra.ad

network Andorra tourist offices

CANILLO

Tel. 753 600 - vdc@canillo.ad - www.vdc.ad

ENCAMP

Tel. 731 000 - turisme@encamp.ad - www.encamp.ad

Tel. 834 011 (gondola) turismefunicamp@encamp.ad - www.encamp.ad PAS DE LA CASA

Tel. 755 100 - turismepas@encamp.ad - www.encamp.ad ORDINO

Tel. 878 173 - ot@ordino.ad - www.ordino.ad

LA MASSANA

Tel. 835 693 - turisme@lamassana.ad - www.lamassana.ad ANDORRA LA VELLA

Tel. 873 103 - turisme@comuandorra.ad - www.andorralavella.ad SANT JULIÀ DE LÒRIA

Tel. 744 045

turisme.lauredia@comusantjulia.ad - www.santjulia.ad/turisme ESCALDES-ENGORDANY

Tel. 890 881

oficinaturisme@e-e.ad - www.e-e.ad

tourist offices abroad

BARCELONA Tel. (+34) 93 215 91 04
Pau Claris, 145 08009 Barcelona
infobcn@andorra.es - www.andorra.ad
MADRID Tel. (+34) 91 431 74 53
Alcalá, 73 28009 Madrid
infomad@andorra.es - www.andorra.es
PARIS Tel. (+33) 1 42 61 50 55
26, Av. de l'Opéra 75001 Paris
info@andorre.fr - www.andorre.fr
BRUSSEL·LES Tel. (+32) 2 502 12 11
10 Rue de la Montagne 1000 Bruxelles
info@andorra.be - www.andorra.be
LISBOA Tel. (+351) 21 391 37 40

Embaixada do principado de Andorra em Portugal

Rua do Possolo, n.º 76, 2º

1350-251 Lisboa

embaixada@andorra.pt - www.andorra.pt

services

POLICE: station: (+376) 872 000 / emergencies: 110

FIRE-FIGHTERS: station: (+376) 800 020 / emergencies: 118 NOSTRA SENYORA DE MERITXELL HOSPITAL: (+376) 871 000

URGENT MECIAL SERVICE (SUM): 116 EMERGENCIES: (+376) 871 011

AMBULANCE: station: (+376) 800 020 / emergencies: 118

ANDORRAN RED CROSS: (+376) 808 225 NATIONAL TELEPHONE INFORMATION: 111 INTERNATIONAL TELEPHONE INFORMATION: 119

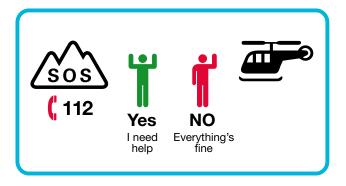
WEATHER INFORMATION: (+376) 848 851

TIME INFORMATION: 157

ANDORRAN MOUTAINEERING FEDERATION (FAM): (+376) 867 444

ANDORRA PYRENEES CLUB (CPA): (+376) 722 240 ANDORRAN ROAD INFORMATION: 18021802 FRENCH ROAD INFORMATION: (+33) 5 61 02 75 75 SPANISH ROAD INFORMATION: (+34) 93 567 40 00

advice that you should bear in mind when going to the mountains



- · Respect the signposting.
- Plan your trips according to your level of experience and physical fitness
- · Bring water and a snack, such as nuts or fruit.
- Respect nature and do not disturb the animals.
- Bring equipment and clothing suitable for the type and length of trip.
- Don't forget to bring a mobile phone so you can communicate with emergency aid and rescue teams if necessary.
- · Get informed about the weather forecast.
- · Collect your rubbish and deposit it in the nearest dumpster.

>>> collection of publications







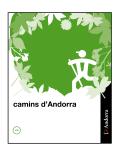


















	_	
notes		

Ì



